

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Connect With 4C Resources Online</p> <p>Blogs: 4C has two parent-focused blogs, <i>Blink—and They're Grown</i> and <i>Put a Bib on It</i>. For these and other 4C blogs, visit www.4cforchildren.org/blogs.</p> <p>E-newsletters and social media: Sign up for an e-newsletter and connect with 4C on Facebook, Pinterest, Twitter and YouTube! Just visit www.4cforchildren.org.</p> 				<p>1 Cut a square from the side of a used cereal box. Cut the square into 4 pieces to make a simple puzzle for your child.</p>	<p>2 Blow bubbles outside. Talk about the different sizes of the bubbles.</p>	<p>3 Talk about the number 3 today: count to 3, find 3 objects, etc.</p>
<p>4 Look for objects in your home shaped like a circle.</p>	<p>5 Have a Teddy Bear Picnic outside today. Take the bears for a ride in a wagon.</p>	<p>6 Run while holding tissue paper streamers. Watch them flap in the wind.</p>	<p>7 Blow cotton balls across the table. Pretend to be the wind blowing the clouds.</p>	<p>8 Practice tip-toeing across the floor with your child.</p>	<p>9 Encourage your child to tell you about her day.</p>	<p>10 Teach your child to sing and do the motions to "I'm a Little Teapot."</p>
<p>11 Roll a ball back and forth with your child.</p>	<p>12 Draw faces on your child's fingers to make silly finger puppets.</p>	<p>13 Color a sidewalk with sidewalk chalk and then squirt it with a spray bottle filled with water. Watch it transform!</p>	<p>14 When washing your child at bath time, give her a washcloth and ask, "Where is your foot? There it is! Let's wash it."</p>	<p>15 Cut out shapes and then have your child glue the shapes onto another piece of paper with a glue stick.</p>	<p>16 Read with your child for 15 minutes today.</p>	<p>17 Look for worms in your yard. Try moving like a worm.</p>
<p>18</p> 	<p>19 Turn off the TV and read together as a family.</p>	<p>20 Take turns with your child throwing rolled up socks into a laundry basket.</p>	<p>21 Today is the first day of summer. Celebrate by reading outside!</p>	<p>22 Look at a book together and say, "I see a _____. Do you see the _____?" When he points to it, say, "There it is, you found it!"</p>	<p>23 When cleaning up toys together, make up or sing a cleanup song. Sing it until everything is put away.</p>	<p>24 Gather five or six items and place them in a line on the floor. Then ask your child, "Where is the _____?"</p>
<p>25 Read with your child for 15 minutes today.</p>	<p>26 Sing "Pat-a-Cake" to your child. Use her name in the song.</p>	<p>27 Go outside and look for bugs. Count how many you see.</p>	<p>28 Go for a nature walk and talk about summer.</p>	<p>29 How many books have you and your child read together this month? 5, 10, 15, more?</p>	<p>30 Repeat your favorite activity of the month!</p>	



DIY Bubble Snakes

Materials:

- Empty Water Bottle
- Sock
- Rubber Band
- Dish Soap
- Water

Cut the bottom of the water bottle off and place the sock over the cut end. Fold the sock over and add a rubber band around the sock and bottle to keep it nice and snug.

Mix together 3 tsp dish soap and half a cup of water. Have your child dip the sock covered end of the water bottle into the mixture, then blow into the mouth piece to create a bubble snake!