

# OH WIC

## Who Gets WIC?

To be eligible for the WIC Program, applicants must meet all of the following eligibility requirements:

Categorical Residential Income Nutrition Risk WIC's Eligibility Requirements

**Ohio WIC Program Income Guidelines** In order to be eligible for WIC, the gross countable income of the economic unit, of which the applicant/participant is a member, must be less than or equal to the Ohio WIC program income guidelines for economic unit size provided in the following chart. WIC income guidelines are updated each year.

Economic Unit	Annually	Monthly	Twice Monthly	Biweekly	Weekly
1	\$21,978	\$1,832	\$916	\$846	\$423
2	29,637	2,470	1,235	1,140	570
3	37,296	3,108	1,554	1,435	718
4	44,955	3,747	1,874	1,730	865
5	52,614	4,385	2,193	2,024	1,012
6	60,273	5,023	2,512	2,319	1,160
7	67,951	5,663	2,832	2,614	1,307
8	75,647	6,304	3,152	2,910	1,455

## How To Apply

information pulled from website8/2018

WIC clinics are located in all 88 Ohio counties. Applicants can call the Ohio WIC 1-800-755-4769 or Help Me Grow Helpline at **1-800-755-GROW (1-800-755-4769)** for specific clinic locations. <https://www.fns.usda.gov/wic/who-gets-wic-and-how-apply#Contact the WIC State or local agency serving your area>

### Check to see if you may be eligible for WIC benefits

[Spanish/Español](#) [Chinese / 中文](#) [Korean / 한국의](#) [Russian/русский](#) [Somali/Af-Soomaali](#) [Vietnamese/Việt](#) [Arabic/العربية](#) [Haitian Creole/Kreòl Ayisyen](#)



WIC provides supplemental foods, healthcare referrals, nutrition education, and breastfeeding promotion and support to low-income pregnant, breastfeeding, and postpartum women, and to infants and children up to age five who are found to be at nutritional risk.

The WIC Prescreening Tool can be used to determine if you may be eligible for WIC benefits. This Prescreening Tool is **not** an application for WIC. To apply for WIC benefits, you must make an appointment at your WIC local agency.

This Prescreening Tool might ask you to enter the amounts of your household's earned (wages, tips, etc.) and unearned income (child support, unemployment benefits, SSI, etc.). Before you begin, you may want to gather this information.

The WIC Prescreening Tool usually takes less than 15 minutes to complete. **This Tool uses pop-up windows. Please turn off your pop-up blocker.**

[Start Tool](#)

Visit the [WIC website](#) for general information. To learn about other government benefits that you may be eligible for, visit [Benefits.gov](#).